



Anthony Anderson Senior Consultant

Anthony Anderson has over 20 years' experience as a facilitator and has been coaching senior executives since 2010. He has worked extensively with senior leaders and their teams, in individual and group settings. He has a particular focus on leadership skills and the self-awareness required to personally transform the way we show up.

As a coach, his style involves building trust and rapport to create a space for experimentation and stepping out of comfort zones. From establishing medium-term stretch goals to practicing upcoming challenging conversations, he meets the coachee where they are and uses a variety of approaches to reach best results. These can include neuroscience of leadership, mindfulness, emotional intelligence, communication styles, adult learning theories, conflict resolution, appreciative enquiry and more. He works frequently with challenges around change management, delegation, strategic approaches, and mentoring.

Anthony has worked with clients from a wide variety of organizations including: McKinsey & Company, Microsoft, Cisco, Qualcomm, TD Bank, Fannie Mae, Aon, Kohler, BASF, BSH, Alcoa, Straumann, Sangamo, Peloton, Amida Care, and Water Aid America.

Anthony has led teams and mentored individuals to success throughout his career in law, film production, coaching and corporate facilitation. He founded and led a company of over 100 people to produce the most awarded feature film in Australia. As a trusted advisor, he has worked with CEOs, CFOs, senior executives and global teams in North America, Europe and Australasia.

Anthony has lectured to business and industry groups on leadership development, mindful leadership, and culture transformation. He is a contributing author to *The Mind of the Leader* (2018) published by Harvard Business Press and has guest lectured at New York University.

"Anthony builds a strong field of trust through listening with real care - and also pushing and challenging in a good way, always with a positive approach which worked well with me. I felt safe to approach things I might prefer to avoid, and I feel stronger and more confident as a result. This has led to measurable improvements in my leadership impact and in my personal satisfaction"

– Cristina Garcia Cervigon, SVP Growth Strategy, Portfolio & Innovation, Mars